



Colitis Compass · licensing offer for clinicians

A dashboard you hand to your patients with ulcerative colitis. One file that opens in any browser, with no installation, no account, and no connection. Nothing ever leaves the patient's device.

Xavier Pingenot, French state-registered nurse, living with UC · hello@colitiscompass.com · colitiscompass.com
Version 1.0.0, September 2026

What it is

Six tabs, written to be read by a patient and checked by a professional.

TAB	CONTENT
Research digest	19 dated, sourced entries (PubMed-indexed journals, clinical trials), each with a plain-English “what it changes.” Automatic archives, favorites.
Food guide	238 foods across 11 categories, rated separately for a flare and for remission, written for the American table: grits, bagels, corn tortillas, sweet tea, Gatorade, ranch, rotisserie chicken, with regional tags. Every rating carries its level of evidence: research, clinical, or anecdotal. The three levels are never merged.
Meal planner	The patient checks what is in their kitchen; the tool proposes seven days of meals compatible with their phase, and says what is missing instead of inventing.
Labs & markers	27 markers in conventional U.S. units, with typical reference ranges, frequency, meaning, UC-specific relevance, and the interpretation trap. Entry of results, trend lines, CSV export. Male / female ranges. A CRP unit selector (mg/L or mg/dL) because U.S. labs use both.
Treatment classes	15 cards, from 5-ASAs to investigational drugs: mechanism in plain English, typical place in the pathway, what it means for insurance and access, what gets monitored. No doses, no rankings. No card tells a patient what to take.
How to use this	Ground rules, how to read the evidence levels, how to test a food on oneself, warning signs, and the full terms of use.

The patient saves their entries by downloading a copy of the file. No cloud storage, no data to host, no HIPAA exposure on your side from the tool itself.

What it is not

SCOPE OF USE

Colitis Compass informs; it does not diagnose and does not prescribe. It is an educational tool, not a medical device, and it has not been evaluated by the FDA. The header warning says it plainly: food is a comfort lever and probably a helpful add-on, never a substitute for treatment. Every card points the patient back to their gastroenterologist.

Who it is for

Registered dietitians For your IBD patients: a shared reference across visits, that the patient keeps between appointments, in a vocabulary that matches yours.	IBD clinics and nurse coordinators A handout that answers the food and lab questions patients bring to every visit, built by a nurse, with the insurance realities written in.	Patient organizations Verifiable, sourced content, with no ads, no account, and no data collection. The “anecdotal” level can carry your program's name, by written agreement.
---	--	--

What the license covers

Non-exclusive, perpetual license on the delivered version. Licensed, not sold.

- Use on every device in your practice.
- One copy for each patient under your care, with no limit on the number of patients.
- Printed excerpts for your patients.

Not covered:

- resale and public posting;
- changes to the clinical content;
- removal of the author credits.

The full agreement runs thirteen sections and is shown at checkout.

Price

LICENSE	AMOUNT
Professional license Solo practitioner, clinic, or organization (one site or program). One-time payment, delivered version usable without time limit.	\$199 one time

One price, no subscription. Applicable sales tax is added at checkout by the payment processor. The license takes effect on payment and covers the delivered version.

Try it first

On request, I will send you a **demo version**: food guide, meal planner, labs, and ground rules complete; research digest and treatment classes shortened. Run it on your own computer, show it to a patient, and judge for yourself.

Ask for the demo, or send your questions before going further.

hello@colitiscompass.com
colitiscompass.com

© 2026 Xavier Pingnot. Colitis Compass is a copyrighted work, licensed under a non-exclusive end-user license agreement. Prices in U.S. dollars, sales tax collected at checkout where applicable. This document presents a commercial offer and does not constitute a contract. Colitis Compass is for educational purposes only, is not a medical device, and has not been evaluated by the U.S. Food and Drug Administration.